



RUNNER INFORMATION

2025




GARMIN.



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THIS IS THE QUIZ INSTRUCTION - Throughout this document you will see random animals  inserted. The purpose of these random animals is to ensure you have read the document as it is considered the final race briefing and for your safety and our peace of mind, we need to know you have done all you can to be prepared and aware. You are required to email us back and tell us how many animals and what type of animals you have seen placed among the information following. Your email subject should say I have read the race information (yourname) Email to, info@trailsplus.com.au your animal answers

Introduction to Bogong to Hotham

Welcome to the 2025 Edition of the Bogong to Hotham Rooftop Trail Run. This event is steeped in tradition that stems back to 1984.

The 2025 B2H offers the traditional 64km full course along with the 35km first half and 29km second half.

From 2024 we reintroduced two start times, 5am for those needing some extra time and the 7am for the traditional 12hr limit, includes with cutoffs. It is important to note that the 5am start is NOT for faster runners as the radio safety network may not be in place and participants cannot proceed past check points without radio clearance. You will not be permitted to leave the Summit of Mt Bogong if you arrive there before 7:30am, you may also be held at other location if you are too early, this is discourage those incorrectly choosing an early start when they are capable of a traditional start time.

Bogong to Hotham is an unmarked course

- Course will not be marked, some minor exceptions may be noticed.
- The course basically follows the Ski Pole Line and in that way is quite straight forward.
- You should have a GPS File loaded on your smart device/Garmin, these are available on website
- You must carry a printed map 🗺️.
- You should spend some time studying the map, it really can help
- You must be mostly self-sufficient with some aid in nominated locations.
- Several radio check points will be in place over the course for safety management.

Safety Requirements

- Accurate response to entry questions are a must for your safety.
- You Should have trail experience/hiking experience.
- You must not start if unwell or injured, this is not a run to get part way and need to pull the pin.

Start Location – Consideration of Campers

- It is crucially important that we respect other campers in the campground. We will be there from 4am getting ready. We will aim to do the formalities out of the campground near the road. In 2019 we had a very aggressive camper that was only managed by a police officer who happened to be running. We don't want a repeat of that situation.

Event Schedule

2025 sees a new format and scheduling of events, in short its back to some basics as we get back on the mountain, so here is the basic schedule for the weekend.

- 5am Saturday – Start for slower runners in 64km and 35km runners
- 7am Saturday – Start for faster runners and traditional cut off goals (6hrs Langford, 12hrs Hotham)
- 8:30am Saturday – 5am Starters Cutoff/Return to Start Mt Bogong Summit 3 ½ hr limit
- 9:30am Saturday – 7am Starters Cutoff/Return to Start Mt Bogong Summit 2 ½ hr limit
- **9:30am Approx Sat. - 29km runners depart Falls Creek coach service to Langford Gap (By bus or Crew Car)**
- 2pm Saturday – Cutoff at Langford for 35km and 64km runners (possible flexibility / individual cases)
- 2:30pm Saturday – Langford Bus Scheduled to depart, or earlier if all finished
- 3pm Saturday – Cutoff at Omeo High Plains Road Crossing (Possible Flexibility individual cases)
- 8pm Saturday – Cutoff at Mt Hotham Summit
- 8:30pm Saturday – Bus Scheduled to depart or earlier if all finished, last runners might be in our car.

Event Schedule – Sunday Morning Post RACE

We are currently in Limbo as we work through the options for our post race catch up. The purpose of the post-race catch up is to provide a central gathering point to collect your drop bags, while having a relaxing Brunch and chat about your adventures in the high country.

We had scheduled to meet at TREATS café

238 Kiewa Valley Highway

(across the road from the servo)

Tawonga South

However they now only do dinner.

We are discussing an alternative 2Min Walk at Rocky Valley Café, the entry to the Caravan Park, which looks like a good alternative.

So we will know closer to the event what is happening and will let everyone know

Proposed Times at a venue below

- 10am -1pm Sunday – Post race catch up Venue TREATS, opposite FALLS CREEK COACH SERVICE
- 10am – 1pm Sunday – ALL drop bags and personal gear left on course to be collected.

Bus Transportation

The bus service needs to be booked with your entry if you do not have your own crew. It is extremely important that we have accurate bus numbers as it can determine the size of the bus that will be used and there may not be seats available on the day. A bus can cost \$300/hr.

How the bus operates.

- There is NO bus to take you to the start line, you need to make your own way to Mountain Creek Campground and park considerately and safely, allow time to get there and arrive at least 30min before your race start time, there are a few admin functions to perform before you start.
- 29km Runners Will catch the bus to the start at Langford Gap, at approx. 9:30 – 10am from
 - **FALLS CREEK COACH SERVICES 233 Kiewa Valley Highway Tawonga South VIC 3698 (depending numbers you may be given a ride in our cars)**
- 29km Runners, if there are less than 6 runners for the bus we will likely take you in support cars.
- 35km finishers will catch the bus back to Mt Beauty, you will be dropped back at your car at Mtn Creek or in Mt Beauty if that suits you. Please note the bus leaves when the last runner arrives. This can be a long wait for the first runners, so be prepared for a long delay, come prepared with clothing/food.
- 64km runners who pull out at 35km and have booked a bus will catch the bus back to Mt Beauty, you will be dropped back at your car or in Mt Beauty if that suits you. If you didn't pay for a bus you will be charged \$50 on the day. 🙄
- Please note the size of the bus we book is determined by the requirements and may mean late changes to need a bus by a runner may not be an option.
- If a very small number of 29km runners require a bus to the start, we may choose to collect you in our crew vehicles, instead of the bus only taking 3 or 4 people.
- 64km runners finishing at Mt Hotham will catch the bus back to Mt Beauty, you will be dropped back at your car at Mountain Creek or in Mt Beauty if that suits you. Please note the bus leaves Mt Hotham when the last runner finishes. This can be a long wait for the first runners, so be prepared for a long delay it could be as much as 4-6hrs and depending weather sitting on Hotham can be challenging, come prepared. Note the Bus parks down on the main road and is 1km back down from the finish.
- From 2025 we may have access to a new building for shelter courtesy of MHAR, this is the big concrete building you pass at the Water Pond at Mt Hotham
 - *Note the bus will likely drop you anywhere on route that suits you if you ask nicely :-)*

Mandatory Gear Requirements

(may be updated before event)

- LIGHT KIT MANDATORY
 - Smart Phone, best to have Telstra sim
 - Spare battery for phone.
 - Tracker loaded and tested with RD
 - Offline Mapping App, like AVENZA, **ALLTRAILS**, MAPS.ME, very useful
 - Paper Map
 - Course notes instruction
 - Ziplock bag or similar
 - Compass
 - Whistle
 - Sealed seam waterproof jacket
 - Thermal top
 - 1000calories food
 - 1ltr water
 - Snake bandage
 - Space Blanket

- HEAVY KIT TO BE AVAILABLE IF REQUIRED RACE DAY
 - Please note it is Mandatory to have the heavy kit available with you in Mt Beauty. If you don't have the Mandatory kit available if deemed required, you will not be starting. There are absolutely no refund options for failure to meet the requirements of race entry.

- Waterproof Overpants
- Thermal bottoms
- Beanie/Buff
- Gloves
- Matches/Lighter
- 3000KJ emergency food

Runner Support on Course

- Runners are permitted to have crew meet them on course but should be confined to the allocated aid station locations where support can be provided.
- Meeting a runner outside of the nominated aid stations is not permitted and will result in disqualification.
- Nominated Locations are
 - Langford Gap
 - Omeo High Plains Road Crossing
 - Bogong Summit

Crew Meeting Point Suggestions

(Crew can access their runners at the following locations).

1. 35km Langford Gap
2. 41Km Omeo High Plans Road Crossing (5km for 29km Runners)
3. 64km Bogong Summit (29km for 29km runners)

You will be driving in alpine high country roads. They twist and turn as you would expect from a mountain road, so please plan your trip and allow time to reach your destination safely, these are not roads to be rushing on, **DRIVE SAFE** 🐼

On course Radio Check Point locations – minimal AID

The following locations are proposed to be manned by our radio safety network. The safety team are mostly older guys and girls who have a passion for Amateur radio. These guys are the lifeline of the Bogong to Hotham Run, please thank them for their service they provide, many will have hiked in overnight with equipment to set up.

1. 0 km Mountain Creek Start Finish
2. 9 km Mt Bogong Summit
3. 13km Cleve Cole Hut
4. 19km km Big River
5. 23km Ropers Hut
6. 26km Warby Corner
7. 35km Langford Gap
8. 41km Omeo High Plains Road Crossing
9. 44km SEC Hut Aqueduct Junction
10. 49km Pole 33
11. 54km Dibbins Hut
12. 58km Derrick Hut
13. 64km Mt Hotham Summit

Runners Drop Bags

- Maximum bag size per location is coles type supermarket zipper style to secure goods
- Make sure you place your name on the bag, NO Name fair chance its getting lost.

Runners can place personal items in drop bags that will be taken to the following locations. Please note that it is always the case that drop bags are left behind due to general logistics and time frames. Don't expect your 35km drop bag to be at the finish line it almost certainly won't be. Therefore all drop bags that are still in our possession will be made available to collect on Sunday morning from where ever our social catch up location is in Mt Beauty. (Place to be confirmed) We anticipate that this means collection of drop bags will be between 10am and 1pm Sunday.

DROP BAG LOCATIONS

35km - Langford Gap

41km - Omeo Road-Bogong High Plains Road

64km - Mt Hotham Summit Finish

Note, it is possible you may need to pull out at 35km and should consider having what you need and planned to have at the 64km finish also available as an option at the 35km, just in case.

Start times (Purpose)

From 2024 we have reintroduced early start option at 5am, the purpose of the early start time is for slower runners to make the time cut offs. If you are a solid to faster runner you should, in fact you must start at 7am as we will not permit runners to pass check points before they are set up.

- 5am Starters are anticipated to take 2 ½ hrs + to reach the summit, but no longer than 3 ½ hrs else you are sent back to the start.
- 7am Starters generally reach the summit in 1hr to 2hrs if you take 2 ½ you may be sent back to the start line.

Emergency Response – 2025 Event

- First and foremost, if situation is a real emergency call 000
- If no phone signal send another runner to nearest radio checkpoint
- Radio Operators will communicate and assist in arranging support as required
- When appropriate, advise race director of situation, report your location
- Race Director Phone is available 24hrs Don't hesitate to call 0418 557 052
- Assistance Race Director – Robyn Saxon 35km - 0419 533 018 (not onsite 2025)
- Chris Ackerman – 0414 273 518
- Sarah Saxon – 0413 556 015
- Trailsplus Team Member – tba
- Other Event Crew members, Kevin Johnson – Finish line- Trailsplus 0429 920 096
- Chief Radio Operator Greg Seargent – Mt Hotham Summit - 0427215438

Ambulance Service

The ambulance service is not a free service, a helicopter flight can cost \$10,000 and road ambulance many thousands, being a member of Ambulance Victoria is a no brainer. Singles \$52/year, Families \$104/year. Seriously if you are not an ambulance member do yourself a favour and sign up, not just for B2H, but for life in general. Making it easy for you, here's the link <https://www.ambulance.vic.gov.au/membership/>

Tracker App

PHONE MUST NOT BE IN AEROPLANE MODE, THE TRACKER WILL NOT WORK

We understand the battery usage issue and hence the requirement to have a battery pack

- Please note the tracking App is an important safety feature of the event. Critical to its best performance is to ensure the App is setup correctly and the Phone is correctly setup.
- The phone must not allow the App to go to sleep so please ensure you have all the required settings as per the instructions. Don't allow it to go to power save mode, make sure the tracking App and GPS functions are set to always.
- We know some of the course is out of range, in particular Big River, Dibbins Hut, we will expect to lose sight of your tracker in these areas, but once back in range it will resume accurate tracking.
- We also know that the biggest user of the phones battery is actually searching for phone signal. Many phones after being out of range can go into a sleep mode, we recommend that you check this after these spots where you might be out of range for some time, turn aeroplane mode on and off and it will search for a signal. 🦋
- You must activate the App and enable it the on your way to the start to get reception and confirm it is working, don't arrive at the start without the app, enabled and active, you may not be permitted to start as solving App issues is an unnecessary problem on race morning easily avoided.
- Androids often cause us issues with the App, lets get it right, nice and early

Cup Free Event

- We are a cup free event please ensure you have your own means to drink from **AID STATIONS** where supplies are made available. You will need it for Coke and Electrolyte top ups as well as water.

Aid Station Supplies

Typically main our aid stations will have the following, however supplies may be out by end of day

Langford 35km – drop bag location also

Omeo 41km – drop bag location also

Hotham 64km – drop bag location also

- Fruit Cake
- Chips
- Chocolate
- Snakes/ Lollies
- Fresh Fruit when available Oranges or Watermelon or Banana
- Water
- 32Gi Electrolyte
- Coke, sparingly

Possible minor aid locations, may have but should not be relied on

Ropers Hut 23km

Warby Corner 26km

Derrick Hut 58km

Pole 333 49km (this location may not have any supplies or volunteers present)

Runners should always top up to the maximum capacity when leaving major aid locations, better to be safe than sorry and carry extra so you are more self sufficient.

Estimated faster and slower times of runners

ESTIMATED TIMES ONLY - CHECK NOTES RE FORCED CUTOFF TIMES									
Checkpoint		Fastest runners are not to start at 5am. This should be for slower runners ONLY.		RUNNERS NOT CONCERNED ABOUT CUTOFF TIMES SHOULD START AT 7AM		CUTOFF LIMITS			
		FASTEST		SLOWEST		5am start	7am start	5am start	7am start
		5am start	7am start	5am start	7am start	5am start	7am start	5am start	7am start
Mountain Creek	0km	5:00	7:00	5:00	7:00				
Bogong Summit	9km	6:15	8:15	8:00	9:30	9:45 send back to start			
Cleve Cole Hut	13km	6:30	8:30	8:45	10:00				
Madison Hut Site	19km	6:40	8:40	9:15	10:15				
Big River	19km	7:00	9:00	10:15	11:00				
Roper Hut		7:45	9:45	12:00	12:30				
Warby Corner		8:10	10:10	12:45	13:10				
Langford Gap		8:45	10:45	14:00	14:15	14:15 cut for 64km			
Omeo Road Crossing		9:15	11:15	15:00	15:00				
Aqueduct Junction		9:30	11:30	16:45	15:45	GUIDE TIMES BASED ON RUNNER ASSESMENT			
Pole 333		10:00	12:00	17:30	17:00				
Dibbins Hut		10:45	12:45	18:45	18:00				
Derrick Hut		11:15	13:15	20:00	19:00				
Mt Hotham Summit		11:45	13:45	21:00	20:00				
		fast runners should not start at 5am	guide to fastest runner time	slow runner estiamted times	guide to medium pace runners				
We are trying to be a bit generous with times and so long as runners are ok allow them to proceed, so long as they can finish in light									

Course Notes / Descriptions

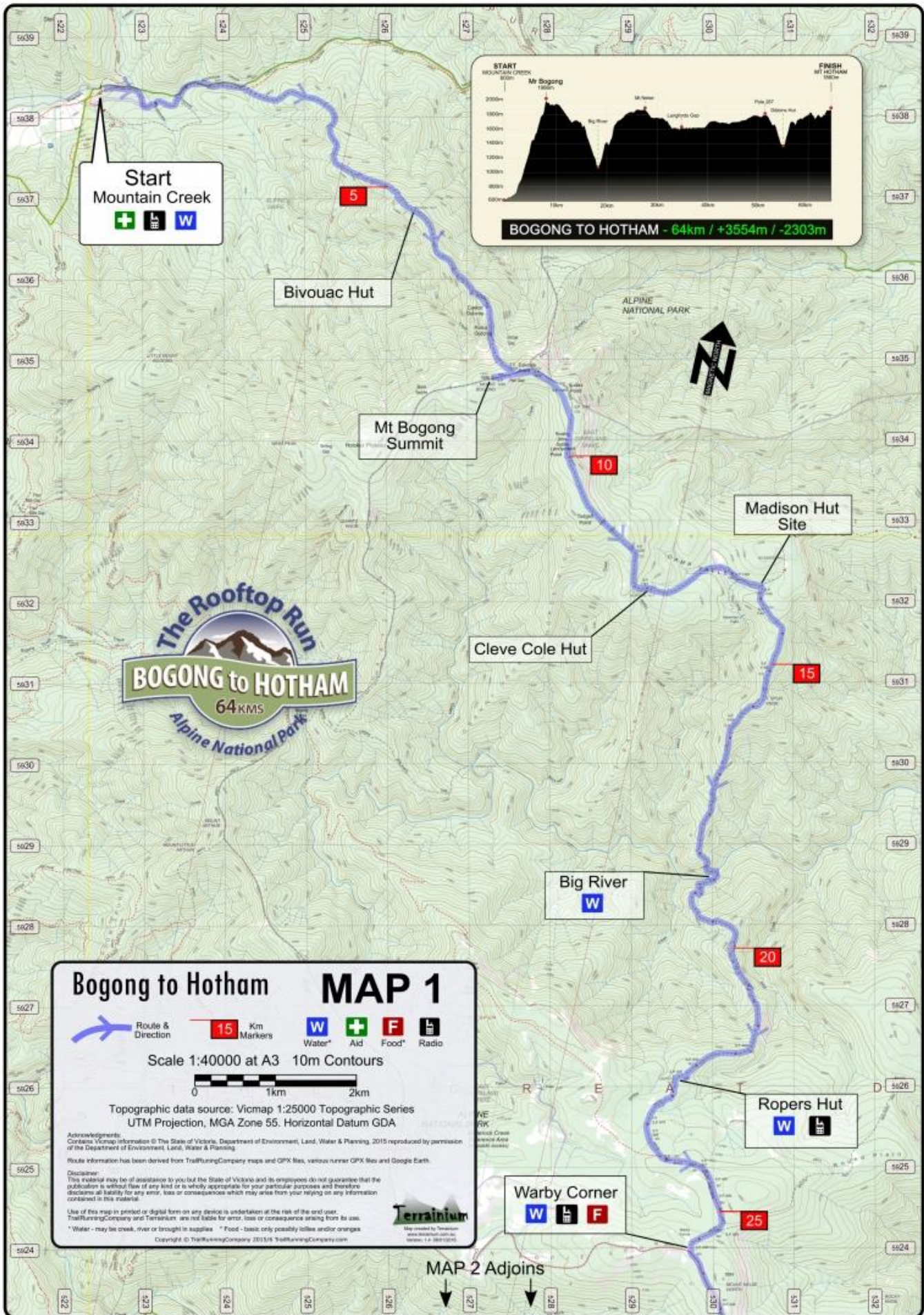
PART 1 – 35km / 64km

1. From Mountain Creek Campground, follow the 4WD track for 2km and turn right up the Staircase Spur track.
2. Follow the track up past Bivouac Hut, beyond the tree-line and towards the summit.
3. Detour to the cairn on Mt. Bogong Summit, then follow the numbered poles (from 1278) back to the north along the ridge.
4. The track swings east past Cleve Cole Hut, and down Camp Creek valley to pole 1150.
5. The track then turns right at Madison's Hut site (be careful here: the turn-off is across the stream and has often been missed by walkers and runners)
6. Head south down T Spur then cross Big River at the chain if there or as per radio operator.
7. Turn right along opposite bank for about 30m and follow the steep track to the left going up the hill. Climb Duane Spur south to rejoin snow poles at pole 942. At the top of the climb is Roper's Hut.
8. Continue up the rough trail following the poles, then veer left and pick up the 4WD track, and follow the poles past Mt. Nelse, to Warby Corner.
9. Continue on past Hollands Knob to Big River Fire Track/Marum Point Track Intersection at Pole 740. Leave the road and follow the poles to the left (part of the Australian Alps Walking Track) at pole 661 to Langford East Aqueduct.
10. Cross Bridge Turn right along the Aqueduct to Langford Gap aid station.

PART 2 – 29km

1. From Langford Gap, continue along the West Langford Aqueduct passing the turnoff to Wallace Hut. Shortly after passing the Rover Hut you arrive at a T-intersection. Turn right and pass Cope Hut, arriving at the Omeo Rd aid station, then cross the Bogong High Plains Road at pole 532 (formerly known as Omeo Rd Crossing). Continue to aqueduct junction
2. The Alpine Track pole line exits from the Aqueduct Junction on the same side, of the aqueduct but opposite direction to the S.E.C. hut. Please take care here and make sure you follow correct poles, check numbers continuously. 🐾
3. From there, the pole line runs west and then north west to Pole 333 which is north of Mt. Jim.
4. Turn left at pole 333 (be careful there are several pole lines from pole 333, head south to a junction at Pole 267. Again check pole numbers.
5. At pole 267 Turn right and follow the pole line, descending past Basalt Temple to Cobungra Gap (Dibbin's Divide). From here, take track left down to Cobungra River and Dibbin's Hut.
6. Follow poles and track up to Swindler's Spur, past Derrick Hut.
7. Continue along the track north-west to the track junction at pole 60. Next to the chair lift Turn left (west) and follow the 4WD track to Mt Loch Car Park.
8. Generally we mark this last section and it requires you to, safely run along the side of the road after turning right out of Loch carpark for approx. 200M, then safely cross over the road and follow the track up and around to the fire tower on the summit.

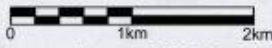
Full Course Maps



Bogong to Hotham MAP 2

Route & Direction 15 Km Markers W + F L R
 Water* Aid Food* Radio

Scale 1:40000 at A3 10m Contours



Topographic data source: Vicmap 1:25000 Topographic Series
 UTM Projection, MGA Zone 55. Horizontal Datum GDA

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 * Water - may be creek, river or brought in supplies * Food - basic only possibly lollies and/or oranges

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Ropers Hut
W L F

Warby Corner
W L F

Track Intersection Pole 740

Langford Gap
+ W L F

Bogong High Plains Road
+ W L F

Aqueduct Junction



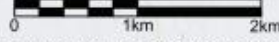
Map 1 Adjoins

Map 3 Adjoins

Bogong to Hotham MAP 3

Route & Direction 15 Km Markers W Water* + Aid F Food* 📻 Radio

Scale 1:40000 at A3 10m Contours

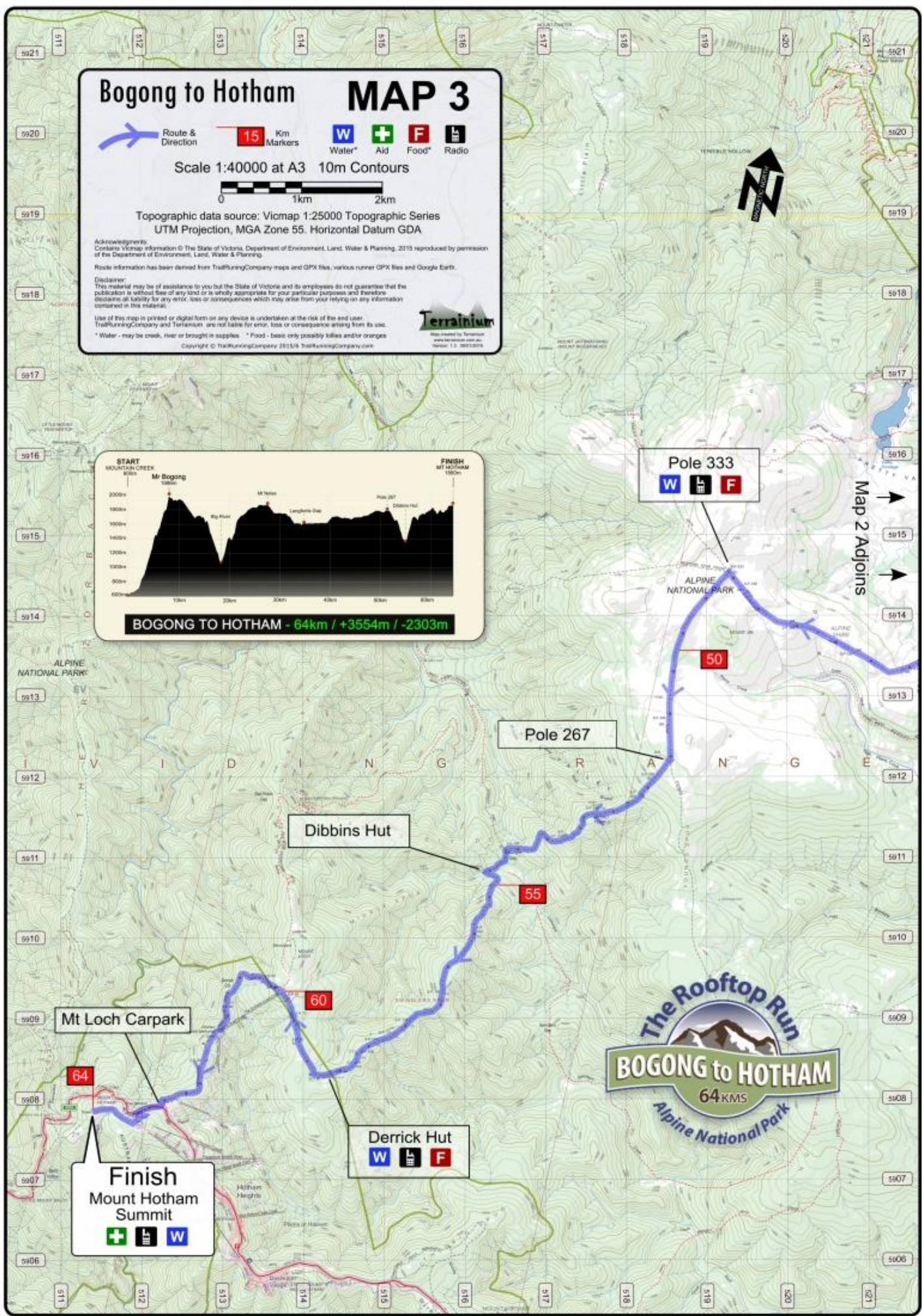


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* Water - may be creek, river or brought in supplies * Food - basic only possibly tinned and/or oranges



Finish
Mount Hotham
Summit
+ 📻 W

Derrick Hut
W 📻 F

Dibbins Hut

Pole 267

Pole 333
W 📻 F

Map 2 Adjoins

Runner Tracking

As part of our safety system, the tracker is currently only viewable by the Race Director, We are trying to make the online maps sharable, but at this stage we don't think it is possible.

Enabling the Tracker

You should have already loaded and tested the tracker operation with the Race Director, if not please check and confirm ASAP.

We want to avoid last minute checks on the tracker so it's crucial that you enable the tracker well before you arrive at the start line. I highly recommend that you enable it the night before this will ensure. Please understand, this is not us wanting to know where you are except for race day, the main system "enables" you until tested or if we want to do a final check your tracker is still working. Refusal to setup the tracker and clearly show your phone is working, will likely result in you not starting the race. We are not here to know your personal moves, this is a safety matter, please don't refuse to set up the App and test. You maintain full control of the App as to when it is enabled, but we must do the testing well before race day.

No Late Starters

For your safety we will not permit late starters as we cannot allow a runner to be on course behind the sweepers. If you miss the start you cannot start.

Race Briefing

Normally we provide a verbal briefing at our start lines 15minutes before official start.

However, we are providing our **Race Briefing Notes** at the end of this document, and we trust you read them just as you would listen when spoken pre normal race starts.

Race Morning Check-in. Mountain Creek Campground

It is really important that you allow plenty of time at check in, while the total number of runners for each start is only around 10-25, we want to ensure every box is ticked and you are all set for a safe journey. Please aim to be ready with your gear at least 20-30min before your start time, you need to collect your bib and acknowledge a roll call.

Bib Collection

Your race bib must be collected race morning, if you are a 5am starter you need to collect your bib at the Mountain Creek camp ground from 4:30am If a 7am starter you should be at the Mountain Creek camp ground from 6:30am at the latest.

Head Torches

5am starters must have a head torch, it will be low light for the first ½ hour to hour, it will be dark during the check in process for 5am starters

Roll Call

A final roll call will be carried out 5min before the start, you must be gathered 5min before the start, it is not the time to use the toilet or run off to the car. 🦋

Runners Allocated Start Times

It is important that fast runners start at 7am, please check your start time and make sure it suits the expected pace you will be running, early starts are not offered to allow early finishes so you can get home in a hurry, they are specifically for slower runners needing extra time to cover the course. If you are fast and start early you will be held at the radio check point until the next point is ready, so don't choose the wrong start time.

Runner List 29km

10/1/25

Danny	Beauchamp
Nick	Gooch
Penny	Gosling
Sarah	Hilliar
Liam	Keating
Mark	McQuillan
James	Nesbitt
Caroline	Overbeek
Matthew	Sier
Hayley	Sime
Garth	Wright
Marnie	Zakis

Runner List 35km

10/1/25

Jay	Baker
William	Baker
Jack	Brand
Craig	Cowan
Fiona	Hewson
Dylan	Howard
Sally	Littlewood
Julia	Manning
David	Martinez
Harry	Podolak
LEE	RICE
Melanie	Shields
Jess	Siegle
Deb	Taylor
Diane	Vogel
Mitch	Whitham

Runner List 64km

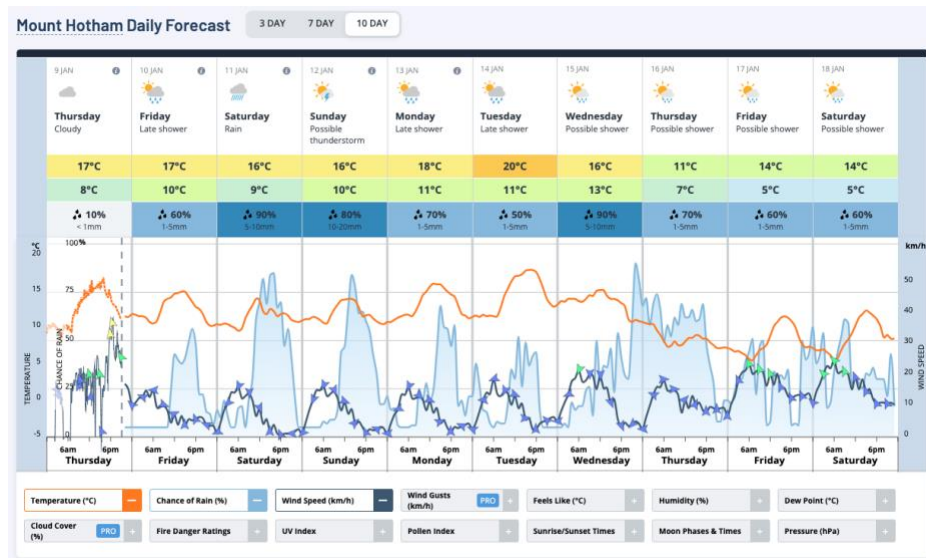
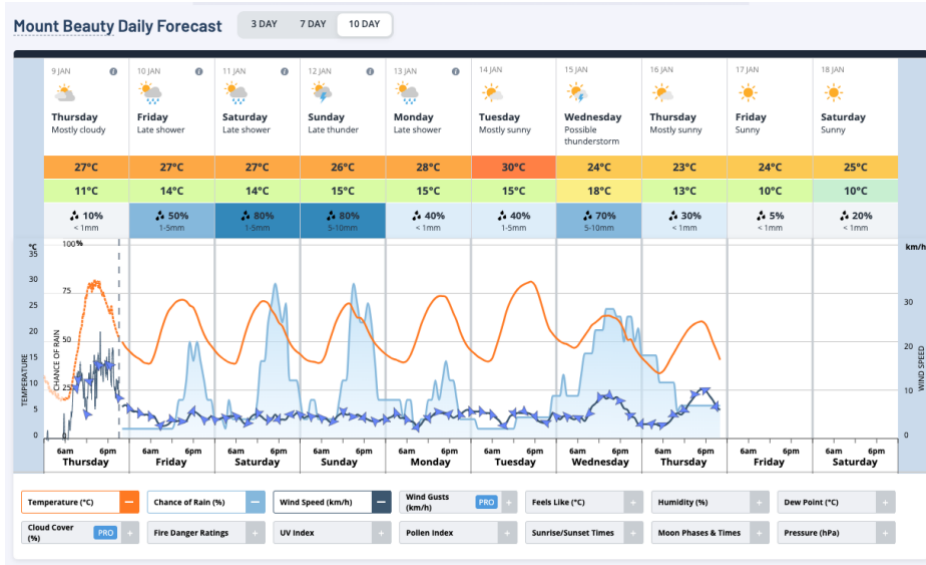
10/1/25

Luke	Barrett
Geoffrey	Boucher
Alex	Broomfield
David	Broomfield
Paul	Childerhouse
Kerri	Clayden
Matt	Constable
Michael	Constable
Stewart	Cowey
Joseph	Dorph
David	Eadie
Jonathon	Fearn
Luke	Haines
Ewan	Kelly
Greg	Kew
Nicole	Kew
Del	Lloyd
Alan	McLennan
Dylan	Newell
Ben	Nicholls
Tatiana	Nicholson
Andrew	Nunn
David	Palhares
Brad	Porter
Stephen	Rennick
Chris	Roberts
Joel	Sarbin
Michael	Smail
Cecile	Smith
Brock	Storer
Nathan	Timms
justine	tuffley
Nikki	Wynd
Lauren	Scott
Mark	Rewi

Byron SWEEP	Lester
Barry SWEEP	Thomas
Andrew SWEEP	Read
Jesse SWEEP	Sutherland
NikNok SWEEP	McKilliam
Jacob SWEEP	Garlick

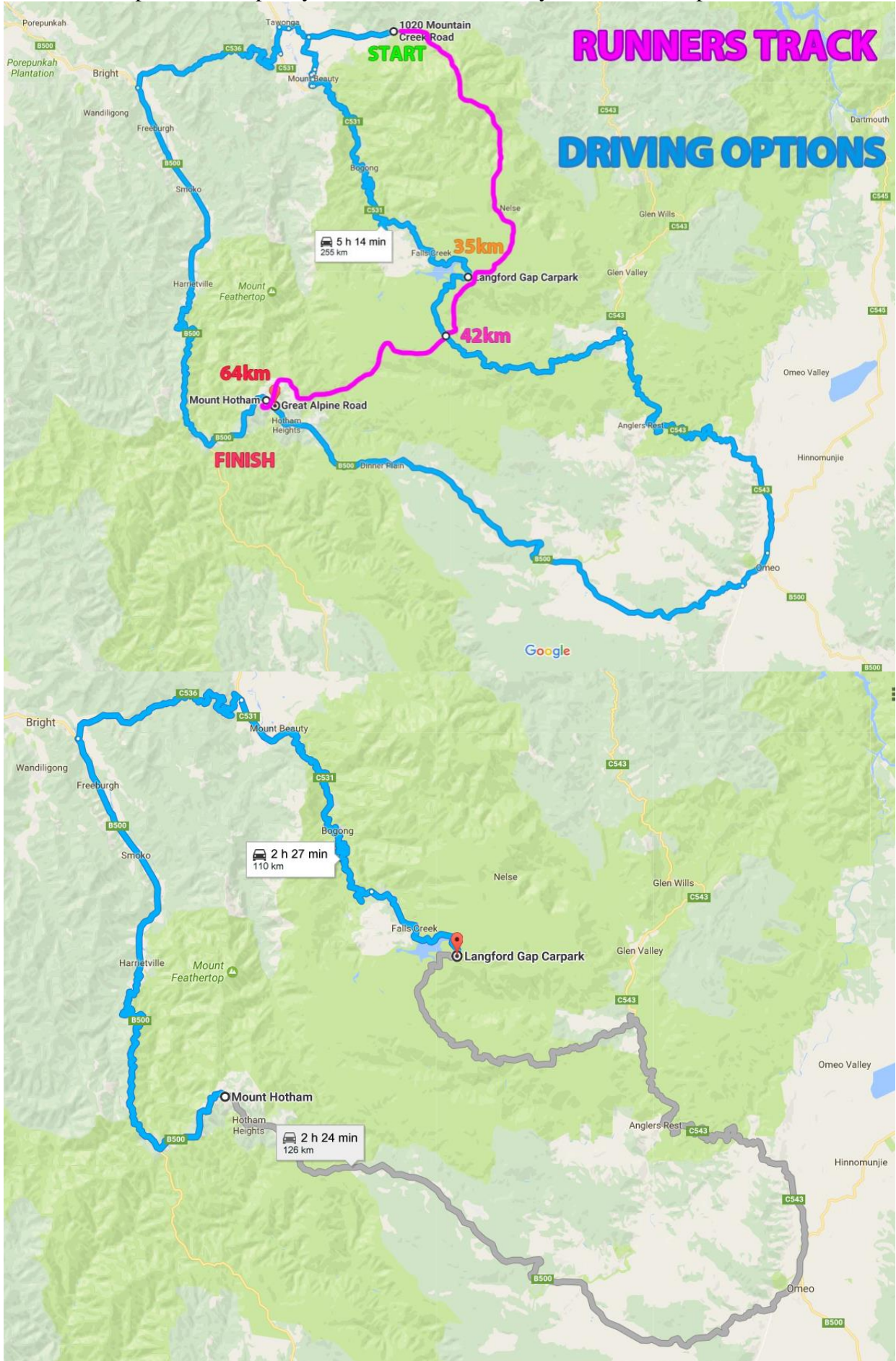
Long Range Weather

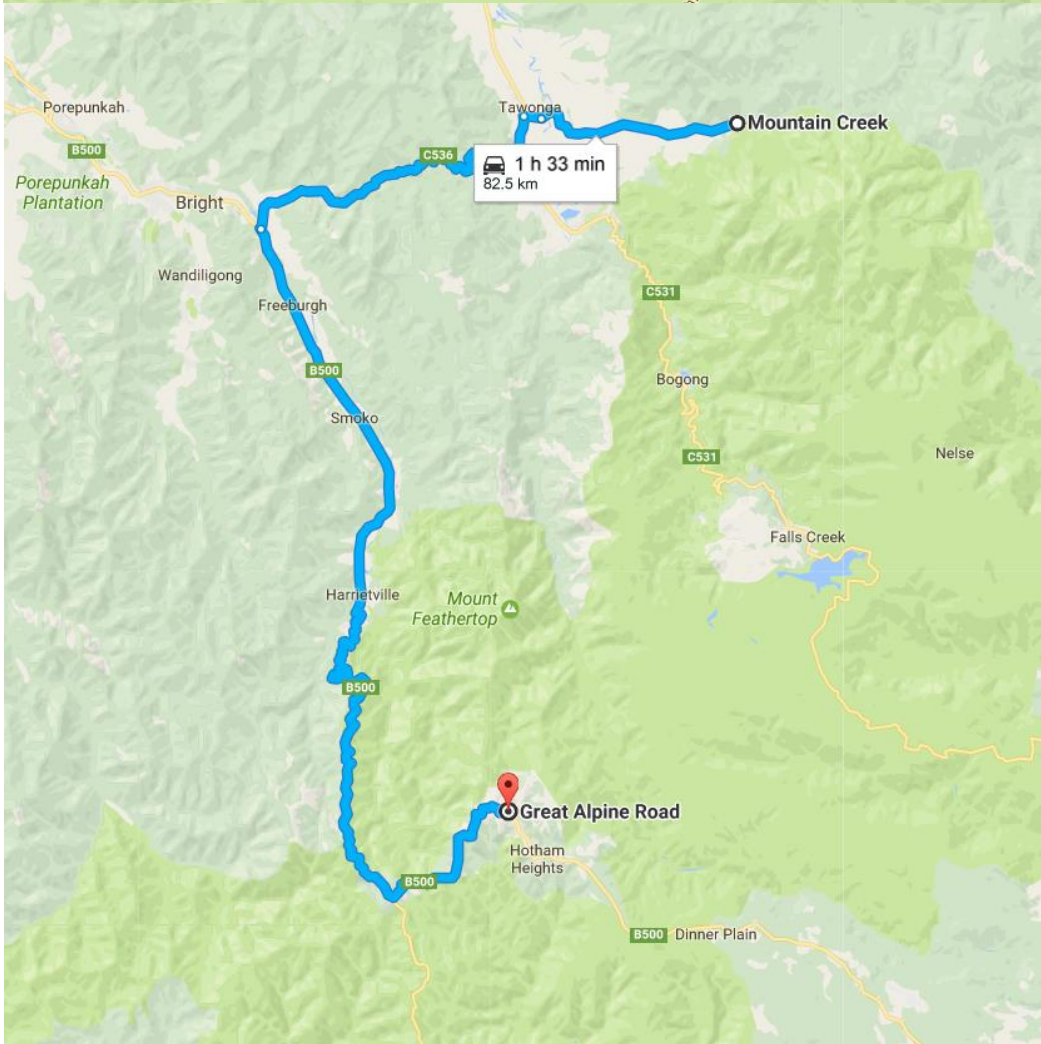
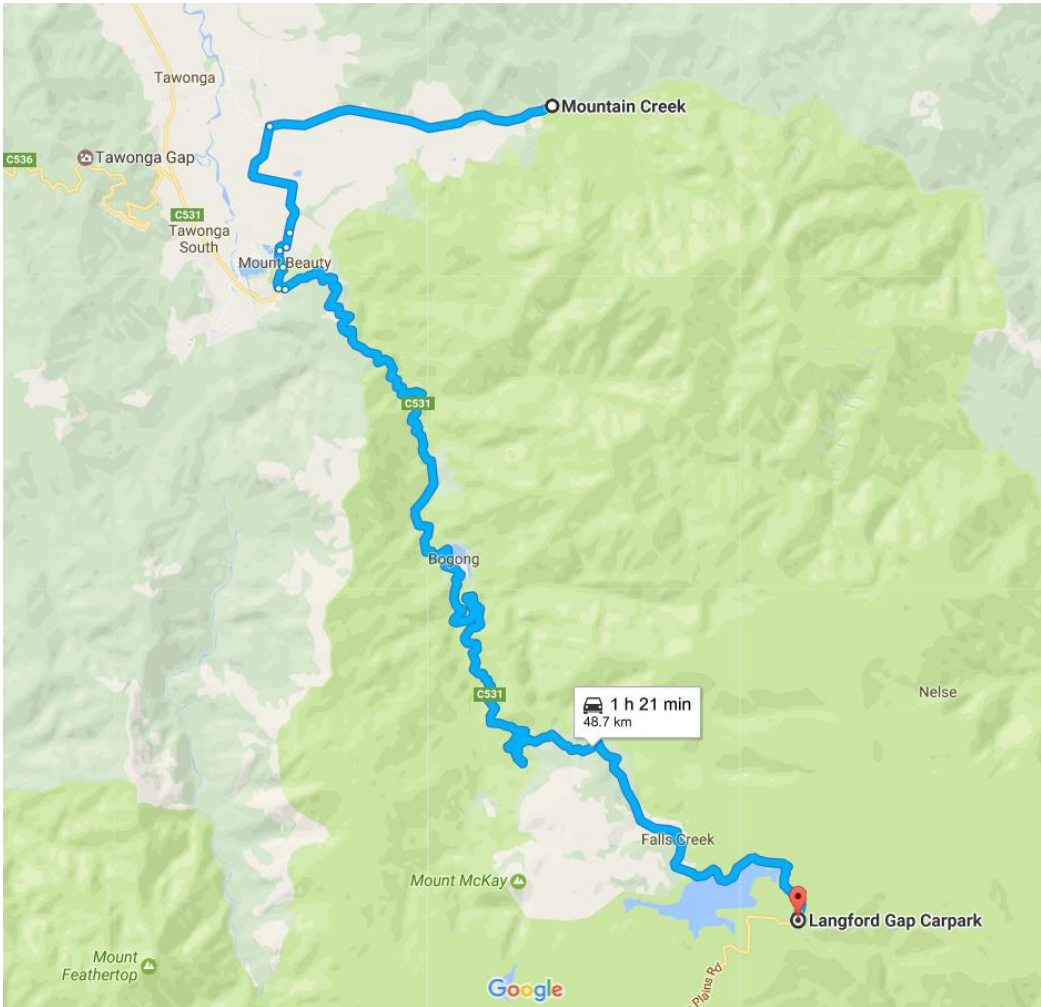
This weather will almost certain be different to what we experience on race day, however we have included it as a reference point and for you to start considering and perhaps even monitoring the changes and how quickly they can change in Mountain areas, so you are prepared for all conditions, Pre - During -Post Race.



Support Crew Road Maps

Moving between start line midway point in the B2H event involves a lot of mountain driving, please allow plenty of time to arrive before your runner is expected.





Runner Self Read Briefing

Welcome to Bogong to Hotham 2025.

Traditionally we provide a pre race briefing covering many aspects of the race to ensure your safety and acknowledging those who help make it possible.

For B2H 2025, the majority of this briefing is covered in this document and wont be repeated on race morning as the focus will be on your safety and the journey ahead

Safety is our number ONE priority; this will be aided by you sharing information with any supporters you may have as well as following the event rules and trail running community ethos of looking out for each other. 🙏

A key change this year is the re introduction of the early start 5am. This start time is for slower runners needing a little more time, faster runners must start at 7am. This is critical to the Safety Team being in place, No runner is to be ahead of the radio Safety team setting up.

Below are my Notes used for Race Briefing, they are dot points for simplicity, please read.

WELCOME

- Welcome and acknowledgement of the traditional owners and pay respects to their elders past and present
- Thank you for not only supporting this event but also **CANTEEN**
Canteen support young people living with cancer and thanks to you all we have managed to donate over \$75k through our trail running events and brettstrunforcanteen09.
BIG SHOUT OUT TO THOSE WHO ADDED EXTRA DONATIONS DURING REGO PROCESS
- **VOLUNTEERS**
As always what would we do without our awesome volunteers, a huge thanks to our team helping over the weekend over 20 people involved to look after you.
- **ParksVic – Alpine Resorts**
Thanks to the relevant authorities for allowing us to host this event in their managed space.
- **SPONSORS**
GARMIN – 32GI (**Magnus**) - ZERO SPORTS BEER (**Barry**) - TARKINE (**Sam**) – PETZL – BOGONG EQUIPMENT - TEKO SOCKS (**Paul**) - ANDREW PEACE WINES
- **SAFETY**
Trail running has its inherent risks, the trails are rough and rugged, there are steep climbs and descents, snakes will be out if warm. You cross a couple of roads, please take extreme care at Omeo Road Crossing and at the end when running along side the road at Hotham Summit along Great Alpine Road
- **FIRST AID**
A huge thanks to the team from “MEDICAL PERSONNEL”
- **COMPULSORY GEAR**
Refer to the Mandatory Gear List provided.
- **FOOTWEAR**
Trail shoes highly recommend, road shoes not advisable.
- **MAPS**
You must have as per Mandatory Gear List
- **PUBLIC USERS**
You will encounter other park users on the trails, PLEASE make sure they are afforded every respect, don't startle them and be sure to slow down when approaching, don't do anything that will potentially cause a complaint.
- **RUBBISH**
Please ensure all rubbish is placed in bins at Aid Stations, if you spot a runners rubbish accidently dropped please collect it and put in bin.

- **TOILETS**

There are toilet facilities at most huts, If need to go bush, adhere to bush toileting, bury waste, away from water, don't let sweeps pass you leave something on the track they will see and wait. If you leave the track you must leave your backpack on the trails so sweepers don't pass you.

- **RACE BIB**

It needs to be visible on front of torso, not on back or leg, if we can't see your number we can't check you off at ALL radio SAFETY points.

WE WILL COLLECT THE TIMING CHIPS WHEN YOU FINISH

- **PRESENTATION**

If you finished 1st 2nd or 3rd you will be presented a small trophy to commemorate your achievement.

- **FINISHERS MEDALS**

Everyone receives a finishers medal

- **LOST PROPERTY**

If you have left something behind, or at an Aid Station Drop Bag and leave before it gets brought back to us, it will be available for collection from a nominated meeting point Sunday morning

- **DNF - WITHDRAWING FROM THE EVENT**

If you can't finish your race you must notify the race director or other official so we know you are ok, Return your timing chips to an official as this completes the process and we know you are safe and well. 🙏

- **ABOUT THE COURSE AND MARKERS**

How Many and Types This course is unmarked.

- **COURSE ERRORS**

If you make a navigation error you need to correct it, only correct course completion is recognised, we don't accept make up distances as a complete course. This means you need to backtrack to reconnect where you went wrong

- **RUNNING ON ROAD SECTIONS**

At Hotham once you leave Loch carpark, you turn right running toward oncoming traffic you head up the hill for 200M, don't go left through the road tunnel to Hotham Township, that's the wrong way. At the 200M point you cross with care and go up the dirt 4WD track to the fire tower.

- **SAFETY**

Please ensure you make good decisions when on course, we want this to be a great experience and remembered for all the right reasons, take care and have fun exploring.